

## Review

# Ferroptosis and Acetaminophen Hepatotoxicity: Are We Going Down Another Rabbit Hole?

Hartmut Jaeschke, Olamide B. Adelus, and Anup Ramachandran

Department of Pharmacology, Toxicology & Therapeutics, University of Kansas Medical Center, Kansas City, KS, USA

Acetaminophen (APAP) hepatotoxicity is the most frequent cause of acute liver failure in the US. The mechanisms of APAP-induced liver injury have been under extensive investigations for decades, and many key events of this necrotic cell death are known today. Initially, two opposing hypotheses for cell death were proposed: reactive metabolite and protein adduct formation versus reactive oxygen and lipid peroxidation (LPO). In the end, both mechanisms were reconciled, and it is now generally accepted that the toxicity starts with formation of reactive metabolites that, after glutathione depletion, bind to cellular proteins, especially on mitochondria. This results in a mitochondrial oxidant stress, which requires amplification through a mitogen-activated protein kinase cascade, leading ultimately to enough reactive oxygen and peroxynitrite formation to trigger the mitochondrial membrane permeability transition and cell death. However, the earlier rejected LPO hypothesis seems to make a comeback recently under a different name: ferroptosis. Therefore, the objective of this review was to critically evaluate the available information about intracellular signaling mechanisms of APAP-induced cell death and those of ferroptosis. Under pathophysiologically relevant conditions, there is no evidence for quantitatively enough LPO to cause cell death, and thus APAP hepatotoxicity is not caused by ferroptosis. However, the role of mitochondria-localized minor LPO remains to be further investigated.

**Key words:** Acetaminophen hepatotoxicity; Oncotic necrosis; Apoptosis; Ferroptosis; Lipid peroxidation; Fenton reaction; Glutathione peroxidase 4

## INTRODUCTION

Acetaminophen (APAP), which is one of the most used analgesic drugs in the world, is generally safe when used within the therapeutic range. However, the extensive scientific and clinical interest in APAP comes from the fact that APAP is an intrinsic hepatotoxin, which reliably can cause liver injury after an overdose in animals and in humans<sup>1,2</sup>. Because of its clinical importance as the main cause of acute liver failure in many Western countries<sup>3</sup> and the development of a mouse model<sup>4–6</sup> that replicated many aspects of the human pathophysiology<sup>7</sup>, significant progress was made in understanding the mechanisms of cell death and liver injury over the years<sup>8–12</sup>. In the early days, APAP-induced cell death was considered necrosis or oncotic necrosis because of cell and organelle swelling, release of cell contents, karyorrhexis, and karyolysis<sup>4–6</sup>. Only when

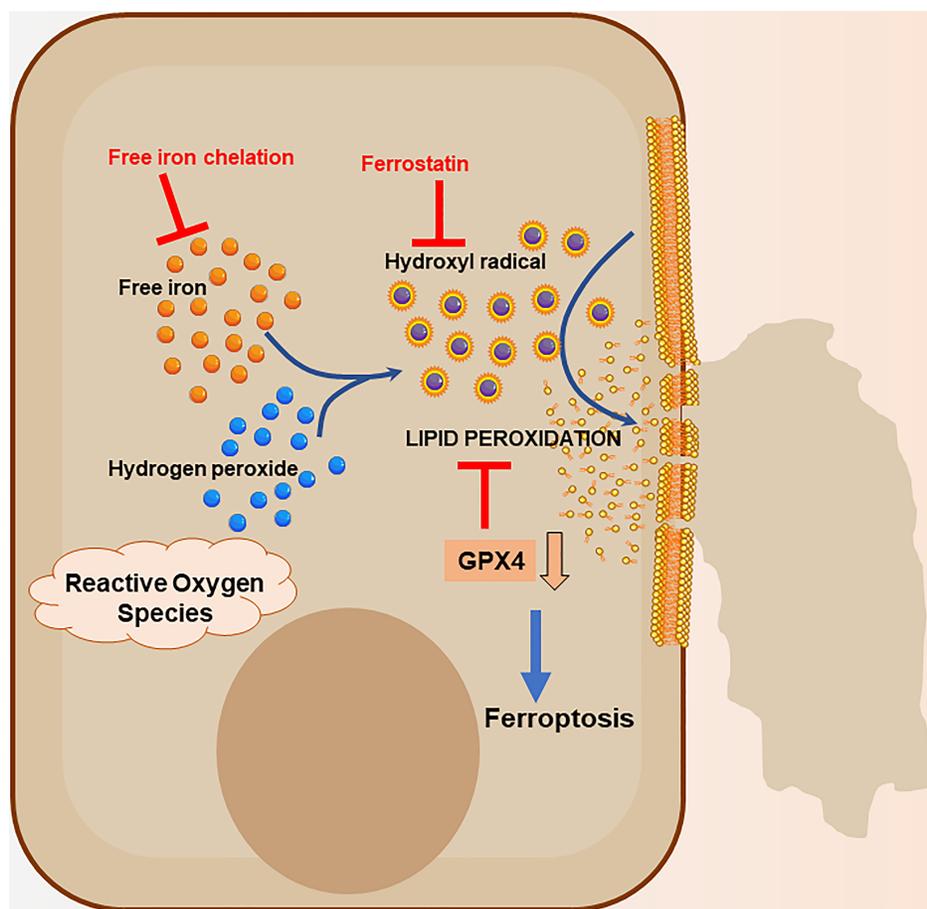
it was recognized that there is a fundamentally different mode of cell death (i.e., apoptosis) did some studies claim that APAP-induced liver injury was caused in part by apoptotic cell death<sup>13,14</sup>. These conclusions were easily disputed because the morphological characteristics of apoptosis (cell shrinkage, chromatic margination and condensation, and apoptotic bodies) were not present, there was no relevant caspase activation, and highly potent caspase inhibitors did not protect<sup>15,16</sup>. However, during the last decade, the idea of apoptotic cell death in APAP hepatotoxicity resurfaced mainly based on unspecific parameters such as the terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) assay and bax and bcl-2 protein expression, among others<sup>17</sup>. This led to the situation that currently an ever-increasing number of articles are being published that claim without sound scientific evidence the presence of APAP-induced apoptosis in APAP hepatotoxicity<sup>17,18</sup>.

More recently, with the increased recognition of various forms of programmed necrosis<sup>19</sup>, the hypothesis was brought up that ferroptosis contributes to or is even solely responsible for APAP-induced liver injury<sup>20–22</sup>. The objective of this review was to critically evaluate the validity of this new hypothesis based on our understanding of the pathophysiology of APAP hepatotoxicity.

### WHAT IS FERROPTOSIS?

Ferroptosis is a more recently described regulated necrotic cell death mode with excessive lipid peroxidation (LPO) as the central mechanism<sup>23</sup> (Fig. 1). Living in an oxygen-containing environment comes with formation of reactive oxygen species in cells leading to oxidation of fatty acids, especially polyunsaturated fatty acids (PUFAs) in phospholipids. Because this process is dependent on the

iron-dependent Fenton reaction, this form of cell death was termed ferroptosis<sup>23</sup>. In addition to the many antioxidant enzymes, which metabolize various reactive oxygen species, fatty acid peroxides are specifically reduced to the hydroxy fatty acids by the seleno-peroxidase glutathione peroxidase 4 (GPx4) using glutathione (GSH) as electron donor<sup>24</sup>. Thus, GPx4 and GSH are important defense mechanisms against the accumulation of these LPO products. However, inhibition of cysteine uptake or other ways of inhibiting GSH synthesis and inactivation of GPx4 are ways to trigger ferroptotic cell death<sup>24,25</sup>. Thus, ferroptotic cell death occurs when defense mechanisms are impaired and LPO is allowed to proceed uninhibited<sup>24,25</sup>. In the meantime, additional defense mechanisms against ferroptosis, besides GPx4/GSH, were identified<sup>24,25</sup>. Because of the critical dependence of ferroptosis on the availability of



**Figure 1.** Ferroptosis. Ferroptosis is a mode of cell death mediated by lipid peroxidation and cellular free iron when protective mechanisms such as glutathione peroxidase activity have been compromised. Cellular generation of hydrogen peroxide derived from reactive oxygen species can react with cellular free iron through the Fenton reaction to generate the reactive hydroxyl radical. These reactive moieties can attack lipid membranes to induce lipid peroxidation and membrane instability, ultimately causing leakage of cellular material and cell death. These detrimental events are generally prevented by antioxidant enzymes such as glutathione peroxidase 4 (GPX4) and iron chelators that prevent accumulation of free iron. Synthetic antioxidants such as ferrostatin can also prevent lipid peroxidation and protect against ferroptosis. This figure includes templates from Servier Medical Art, which is licensed under a Creative Commons Attribution 3.0 generic license (<https://smart.servier.com>).

free iron (labile Fe<sup>2+</sup> pool), high levels of the Fe(III) storage protein ferritin in the cell confer resistance to ferroptosis<sup>26</sup>. Another way to reduce iron levels in the cell is by promoting the exosomal export of ferritin<sup>27</sup>. On the other hand, if ferritin is removed by autophagy resulting in the lysosomal release of free iron, the cell's susceptibility to ferroptosis is increased<sup>28</sup>. Due to the fact that PUFAs are the main target during LPO, the levels of PUFAs in membrane phospholipids are a critical measure of the susceptibility to LPO and ferroptosis. Feeding animals a diet high in soybean oil resulted in high levels of arachidonic acid (20:4) and docosahexaenoic acid (22:6) in cell membranes and dramatically increased the susceptibility to LPO with the primary loss of these PUFAs during allyl alcohol hepatotoxicity<sup>29</sup>. As LPO is a free radical mechanism, chain-breaking antioxidants are a critical defense mechanism against excess LPO. Vitamin E (tocopherol) and coenzyme Q<sub>10</sub> are potent, lipid-soluble antioxidants that can prevent LPO and thus protect against ferroptosis<sup>24,25</sup>. As a result, the dietary intake of vitamin E and the modulation of various steps of the synthesis pathway of coenzyme Q<sub>10</sub> can impact the susceptibility of cells to ferroptosis<sup>25</sup>. Taken together, the continuous generation of oxygen free radicals in an aerobic environment and the availability of free iron can lead to a free radical chain reaction (LPO) involving mainly PUFAs of membrane phospholipids<sup>24</sup>. If this process is unchecked, the excessive LPO causes necrotic cell death, termed ferroptosis. However, cells have multiple layers of complementary and redundant defense mechanisms<sup>30</sup>, which effectively prevent this process. Thus, for a cell to die by ferroptosis, several events have to occur simultaneously, including, in general, more severe oxidant stress, potential mobilization of free iron, and the impairment of several of these aforementioned defense mechanisms.

#### OXIDANT STRESS AND APAP HEPATOTOXICITY

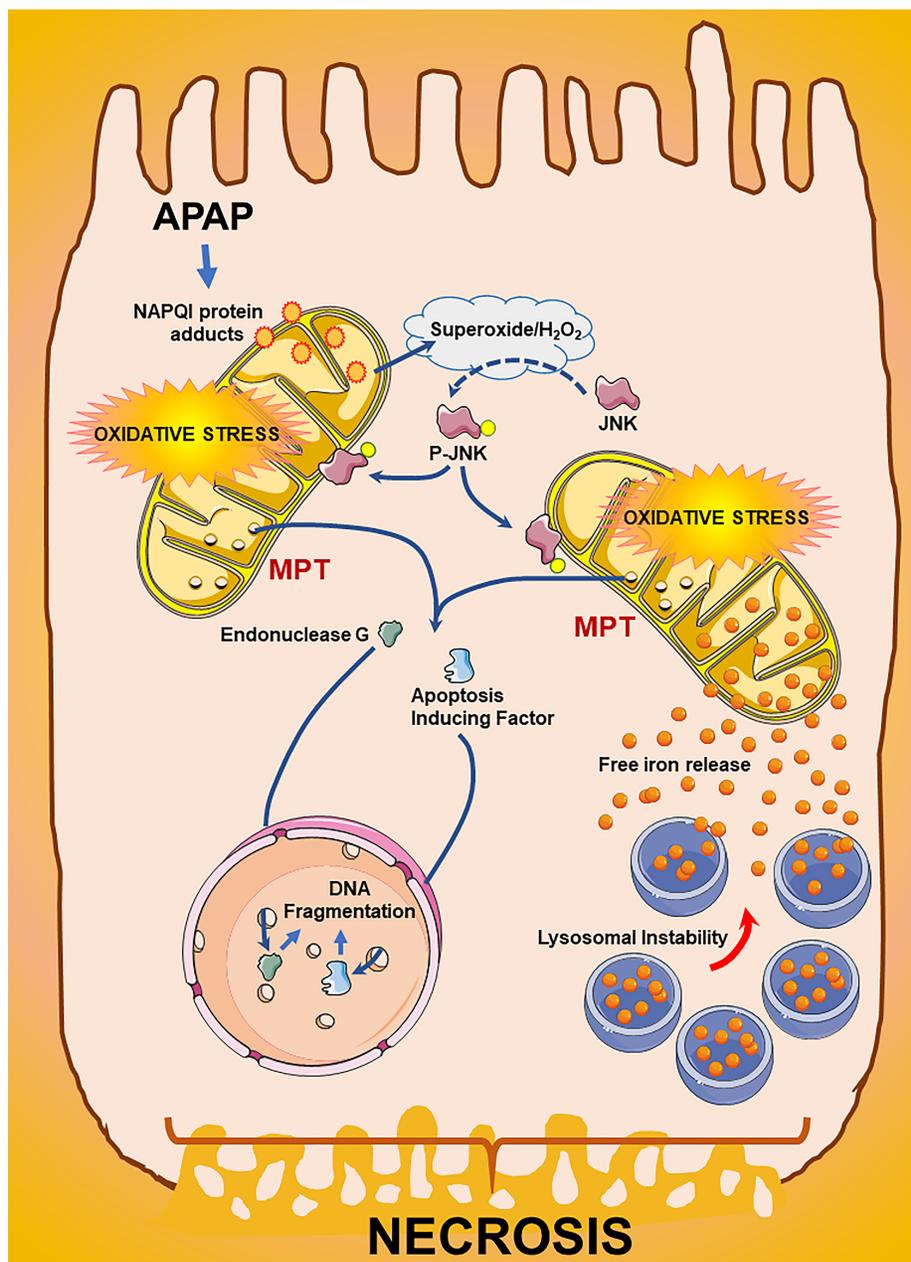
Formation of reactive oxygen species and other oxidants during APAP hepatotoxicity was evaluated in detail over the years<sup>31</sup> (Fig. 2). After the early focus on protein adduct formation<sup>4-6</sup>, the idea of an oxidant stress-mediated injury was introduced by Wendel and co-workers<sup>32</sup>. Based on the modulation of LPO with inhibitors and inducers of cytochrome P450 enzymes, it was hypothesized that leakage of electrons from these enzymes during APAP metabolism was the source of the oxidant stress<sup>33</sup>. However, the validity of this idea was challenged when no increased formation of intracellular glutathione disulfide (GSSG), a direct indicator of hydrogen peroxide detoxification, was detected during APAP metabolism in rats or mice<sup>34,35</sup>. Similarly, an increase in 2',7'-dichlorofluorescein (DCF) fluorescence as indicator of an intracellular oxidant stress was only observed after but not during the metabolism phase of APAP in primary mouse hepatocytes<sup>36</sup>. The main

location of reactive oxygen formation was shown to be in the mitochondria as indicated by the selective formation and accumulation of GSSG and the loss of protein sulfhydryl groups inside of the mitochondria<sup>37-39</sup>, which was confirmed by Mitosox fluorescence, a selective indicator of mitochondrial oxidant stress<sup>40</sup>. Importantly, the mitochondrial oxidant stress was only observed in animals treated with APAP but not with its nonhepatotoxic regioisomer 3'-hydroxyacetanilide (AMAP), which causes protein adducts only in extra mitochondrial compartments of hepatocytes<sup>38,39</sup>. Together, these data provided convincing evidence that APAP triggers reactive oxygen formation in the mitochondria. More recent studies showed that the initial, limited oxidant stress is triggered by APAP protein adduct formation in the mitochondria<sup>41</sup>. This induces the activation of various redox-sensitive mitogen-activated protein kinases in the cytosol, ultimately leading to the phosphorylation of c-jun N-terminal kinase (P-JNK), which then translocates to the mitochondria<sup>42</sup>. As a consequence of this mitochondrial P-JNK translocation, the original mitochondrial oxidant stress is amplified<sup>43</sup>, which triggers the opening of the mitochondrial membrane permeability transition pores and cell death<sup>44</sup>.

Despite the increased acceptance of an oxidant stress being involved in APAP-induced liver injury, the actual oxidant responsible for the injury remained unclear. However, Hinson and co-workers reported evidence for peroxynitrite formation (staining for nitro-tyrosine protein adducts) in the area of necrosis<sup>45</sup>. This was followed up by documentation that peroxynitrite (a reaction product between superoxide and nitric oxide) occurred only inside the mitochondria<sup>46</sup>. Time-dependent scavenging experiments with GSH provided the first evidence for the pathophysiological relevance of peroxynitrite in APAP hepatotoxicity<sup>47</sup>. However, the most convincing support for the importance of peroxynitrite came from experiments showing that partial deficiency of the mitochondrial MnSOD (SOD2) dramatically aggravated APAP-induced liver injury and nitrotyrosine staining<sup>48</sup>, and treatment with a mitochondria-targeted SOD mimetic, Mito-Tempo, can virtually eliminate peroxynitrite formation and APAP hepatotoxicity<sup>49,50</sup>. In addition, gene deficiency of neuronal nitric oxide synthetase (nNOS) and an inhibitor of nNOS reduced APAP-induced liver injury and nitrotyrosine staining<sup>51,52</sup>. Together, these data suggest that the water-soluble oxidant peroxynitrite generated in the mitochondria is a critical oxidant in the pathophysiology of APAP hepatotoxicity, which causes damage to mitochondrial proteins such as MnSOD<sup>53</sup> and mtDNA<sup>46</sup> but does not induce relevant LPO<sup>54</sup>.

#### LPO AND APAP HEPATOTOXICITY

LPO is a hallmark of ferroptosis<sup>23-26</sup>. Interestingly, the role of LPO in APAP-induced liver injury was already



**Figure 2.** Iron and acetaminophen hepatotoxicity. Acetaminophen (APAP)-mediated hepatocyte cell death is initiated by the cytochrome P450-mediated generation of NAPQI, which forms mitochondrial protein adducts and induces enhanced superoxide and hydrogen peroxide generation into the cytosol from the mitochondria. This activates the mitogen-activated protein kinase c-jun N-terminal kinase (JNK), which translocates onto the mitochondria and amplifies the mitochondrial oxidant stress. These changes are accompanied by lysosomal instability, which releases free iron into the cytosol, which is taken up by mitochondria. Increased JNK-mediated mitochondrial oxidant stress as well as elevated mitochondrial free iron then induce the mitochondrial permeability transition (MPT), which results in the release of mitochondrial proteins such as endonuclease G and apoptosis-inducing factor (AIF) into the cytosol, from where they translocate into the nucleus and induce nuclear DNA fragmentation. All these detrimental events ultimately result in hepatocyte necrosis. This figure includes templates from Servier Medical Art, which is licensed under a Creative Commons Attribution 3.0 generic license (<https://smart.servier.com>).

controversially discussed 40 years ago. Wendel and co-workers reported a dramatic (30- to 50-fold) increase in ethane and pentane exhalation as specific markers of LPO, and severe liver injury within 2–4 h after treatment with APAP or allyl alcohol in mice<sup>29,32,33,55–57</sup>. LPO and liver

injury in these models could be modulated by inducers and inhibitors of cytochrome P450 enzymes<sup>33</sup> and inhibited by pretreatment with vitamin E and iron chelators<sup>29,56</sup>. However, these effects were only observed in animals fed a diet deficient in vitamin E and enriched in soybean oil,

which led to much higher levels of PUFAs, especially 20:4 and 22:6, in the lipid membranes of the liver<sup>29</sup>. These PUFAs were also preferentially depleted during LPO<sup>29</sup>. These data clearly demonstrate the extent of LPO necessary to cause liver injury and can serve as a reference. However, in contrast to the LPO in vitamin E-deficient and PUFA-sensitized animals, APAP caused only minimal LPO in animals on a regular diet<sup>58</sup>. Although this minor LPO after APAP overdose could be reduced by iron chelation<sup>58</sup> and was aggravated by cotreatment with Fe<sup>2+</sup><sup>59</sup>, APAP-induced liver injury was not affected by the manipulation of LPO in these animals<sup>58,59</sup>. This suggested that LPO is not a relevant mechanism of injury after APAP in mice on a normal diet but may be more of a secondary effect of cell death. However, over the years, there were conflicting reports with some claiming an effect of LPO on APAP-induced liver injury and a partial protective effect of vitamin E<sup>60</sup>. In contrast, we did not find evidence of extensive LPO during APAP hepatotoxicity in mice on a regular diet, and a sevenfold elevation of membrane vitamin E levels had no effect on the injury<sup>54</sup>. However, in a positive control of LPO (allyl alcohol + Fe<sup>2+</sup>), vitamin E pretreatment reduced LPO and liver injury<sup>54</sup>. Overall, these results are consistent with numerous studies with APAP overdose in the literature that showed a very limited (two- to threefold) increase in LPO parameters. Although many claim interventions that are alleged antioxidants reduced liver injury and LPO as evidence to support the conclusion that LPO causes the liver injury in APAP hepatotoxicity, these are generally only correlations, and the lower LPO is likely a secondary effect of the reduced liver injury<sup>31</sup>. Furthermore, there is generally limited evidence that most compounds can accumulate in liver membranes in high enough concentrations to effectively enhance the already high antioxidant capacity of vitamin E in vivo. However, even if liver levels of coenzyme Q<sub>10</sub> can be increased above physiological levels, the hepatoprotective effect against APAP overdose was not caused by reduced LPO but by enhanced mitophagy<sup>61</sup>, which is known to limit APAP-induced cell death<sup>62</sup>.

A similar discussion occurred in the field of hepatic ischemia–reperfusion injury regarding the relevance of LPO for liver cell death<sup>63</sup>. During reperfusion after prolonged hepatic ischemia, there is severe injury indicated by plasma ALT activities of >5,000 U/L, which correlate with a two- to threefold increase in LPO<sup>64</sup>. In order to assess the fundamental question, quantitatively how much LPO is necessary to directly cause cell injury in the liver, LPO was induced by continuous infusion of t-butyl hydroperoxide into the portal vein, and LPO was specifically measured by gas chromatographic-mass spectrometric analysis of hydroxy-eicosatetraenoic acids (HETES), and F2-isoprostanes<sup>64</sup>. Exposure to this oxidant stress for 45 min triggered a two- to fourfold increase in LPO

parameters but no liver injury; in contrast, prolonged exposure caused severe LPO with parameters elevated by 12- to 30-fold triggered some liver injury<sup>64</sup>. These results confirmed the data of APAP-induced LPO and toxicity in vitamin E-deficient and PUFA-enriched livers, that is, for LPO to cause direct cell damage, LPO has to be quantitatively an order of magnitude higher than generally observed during the pathophysiology of APAP-induced liver injury. Thus, LPO is not a relevant contributor to the cell injury mechanism of most pathophysiologies.

### IRON AND APAP HEPATOTOXICITY

LPO is generally initiated by the Fenton reaction, which is the reductive cleavage of hydrogen peroxide to form hydroxyl radicals. This reaction is catalyzed by the oxidation of ferrous iron (Fe<sup>2+</sup>) to ferric iron (Fe<sup>3+</sup>). Because of the critical role of iron in these highly dangerous processes, the levels of free iron that could participate in these reactions are kept very low in all cells by effective chelation in proteins like ferritin<sup>30</sup>. Under conditions of vitamin E deficiency, APAP- or allyl alcohol-dependent LPO and liver injury in vivo can be prevented or aggravated by treatment with the iron chelator deferoxamine (DFO) or Fe<sup>2+</sup>-sulfate, respectively<sup>29,57</sup>. In animals on a regular diet, similar effects on the low levels of LPO can be observed but without effects on the injury<sup>54,58,59,65,66</sup>. However, over the years, many conflicting results of the effect of iron chelation with DFO were published in addition to the no-effect reports<sup>58,59,65</sup>, and studies demonstrated some delay in injury<sup>67</sup> and protection in vivo in rats<sup>68</sup> and in cultured rat or mouse hepatocytes<sup>69–71</sup>. Caveats of some of these studies are the use of hepatocytes cultured under hyperoxic conditions (room air), which leads to enhanced reactive oxygen formation that could mobilize iron<sup>72</sup> and the use of rats as suboptimal models<sup>73</sup>. These findings indicate that any form of LPO in the liver depends on the availability of iron; the degree of iron-dependent LPO determines whether this has an effect on the injury.

More recently, new evidence emerged for the involvement of iron in APAP hepatotoxicity (Fig. 2). It was recognized that APAP triggers lysosomal instability<sup>74</sup>, which causes the release of iron from this compartment and enhances the levels of cytosolic ferrous iron<sup>75</sup>. The iron is taken up into the mitochondria by the mitochondrial electrogenic Ca<sup>2+</sup>, Fe<sup>2+</sup> uniporter (MCFU). Inside the mitochondria, iron is promoting the MPTP opening and cell death as indicated by beneficial effects of a lysosomal iron chelator and MCFU inhibitors<sup>76</sup>. These events were also confirmed in vivo<sup>77</sup>. In addition, activation of mitochondrial aldehyde dehydrogenase reduced hydroxynonenal levels and in part attenuated the MPTP opening and cell death<sup>78</sup>. Together, these findings raise the possibility of a more subtle impact of iron mobilization

and very localized LPO inside the mitochondria on the pathophysiology of APAP-induced cell death. However, how can these mechanisms be reconciled with the prominent role of mitochondrial peroxynitrite and the profound protection of MnSOD mimetics in APAP toxicity<sup>47–52</sup>? One possible explanation could be that peroxynitrite and the limited iron-dependent LPO need to act together to effectively trigger the MPTP opening. In this scenario, the formation of peroxynitrite inactivates mitochondrial proteins such as MnSOD<sup>53</sup> as well as mitochondrial DNA<sup>46</sup>, and also effectively scavenges any remaining or newly imported GSH inside the mitochondria, thus rendering mitochondria highly susceptible to any additional stress (i.e., even very limited iron-dependent LPO). This mechanism could explain the profound protection of interventions that prevent peroxynitrite formation<sup>46–52</sup>, but also drugs that strongly promote GSH synthesis (i.e., N-acetylcysteine)<sup>79</sup>. More investigations are needed into the potential cooperation between peroxynitrite formation and a localized iron-dependent LPO specifically in the mitochondria to induce the MPTP<sup>80</sup>.

#### FERROPTOSIS AND APAP HEPATOTOXICITY

Although the first beneficial effect of ferrostatin in APAP-induced cell death was shown in cultured hepatocytes<sup>20</sup>, the first *in vivo* evidence for a protection of ferrostatin and also vitamin E and DFO was reported in APAP-treated mice<sup>21</sup>. Parallel to the reduced liver reduction in LPO as measured by the levels of HETEs<sup>21</sup>, and consistent with previous data<sup>29</sup>, this also prevented mainly the loss of PUFAs<sup>21</sup>. On first glance, the conclusion that APAP triggers ferroptosis seems to be justified. However, a closer look raised serious concerns regarding these experiments (Figs. 1 and 2).

The authors used fasted male C57BL/6J mice treated with 200 mg/kg APAP (intraperitoneally)<sup>21</sup>. These animals developed massive liver injury within 3 h (ALT activities >6,000 U/L) and significant centrilobular necrosis, and all animals died within 24–48 h<sup>21</sup>. However, this extremely rapid and severe injury was accompanied by only a 50% increase in MDA levels and a 100%–300% increase in HETEs levels<sup>21</sup>. This is an extremely unusual result for animals on a regular diet treated with this low dose of APAP. In our hands, 200 mg/kg APAP caused much less injury at 6 h (ALT: 800 U/L in B6129SF2/J mice<sup>81</sup> and 1,500 U/L in C57BL/6J mice) (Adelusi et al., unpublished) with limited necrosis and 100% survival and recovery. Under these conditions, we did not observe an increase in MDA levels (Adelusi et al., unpublished). However, the sensitivity of Yamada's mice was similar to what we observed with 400 mg/kg APAP in vitamin E-deficient, high-PUFA animals<sup>32,33,55</sup>, with the important difference that this accelerated injury correlated with a 30- to 50-fold elevation of LPO parameters<sup>32,33,55</sup>.

Yamada and co-workers pretreated animals with the ferroptosis inhibitor ferrostatin and observed a close to 100% protection; likewise, pretreatment with the iron chelator DFO for 7 days or a single dose of vitamin E 1 h before APAP also protected close to 100%<sup>21</sup>. Interestingly, each of these interventions prevented LPO and strongly reduced the depletion of hepatic GSH levels<sup>21</sup>. As has been established, an overdose of APAP depletes hepatic GSH content by 90% within 30 min<sup>82</sup>. The recovery of the GSH levels is dependent on the dose and requires at least 5–6 h for complete recovery for a dose of 200 mg/kg<sup>82</sup>. Thus, the elevated hepatic GSH levels in the ferrostatin, DFO, and vitamin E groups reflect most likely an inhibition of GSH depletion (i.e., reduced NAPQI formation, rather than improved recovery). This is supported by the fact that Yamada et al. reported that posttreatment with ferrostatin (subsequent to APAP metabolism) did not show any protection against hepatotoxicity<sup>21</sup>. In addition, we were not able to reproduce the complete protection with ferrostatin under the conditions described by Yamada et al. (Adelusi et al., unpublished), and the DFO and vitamin E data are inconsistent with the previous literature<sup>31,54,58,59,65</sup>. Together, these data contradict most of the published literature in terms of the time course and degree of the injury with a very low overdose of APAP and the close to 100% protection with interventions like ferrostatin, DFO, and vitamin E. Overall, these data make little sense unless these animals were highly sensitized to LPO, and even then, there is a clear internal contradiction as to the limited LPO versus the extremely aggressive progression of the liver injury. Thus, these inconsistencies need to be resolved before data of such an outlier study with its conclusions that contradict most of the literature over the last 40 years can be considered any further.

#### SUMMARY AND CONCLUSIONS

Cells have enormously effective, multilayered, and redundant defense systems against oxidant stress and LPO<sup>30</sup>. This includes, among others, several SODs and GSH peroxidases, catalase, thioredoxin, and peroxiredoxin together with vitamin E and coenzyme Q<sub>10</sub> in lipid membranes and effective iron chelation. Because of the multiple levels of antioxidant defense mechanisms, it is very difficult to acutely overcome these systems, especially in hepatocytes. Thus, it would be very challenging to execute the ferroptosis pathways without prior severe impairment of several of these defense systems. As we have argued many years ago, just increasing reactive oxygen formation, even beyond pathophysiological relevant levels, is not sufficient to cause cell death<sup>83</sup>. As the early studies by Wendel and co-workers clearly demonstrated, animals with vitamin E deficiency in combination with elevated PUFA levels are highly sensitive to APAP or AA, which cause, in addition, massive depletion of GSH and

an oxidant stress (APAP) or NADH-dependent reductive iron mobilization (allyl alcohol)<sup>29,32,33,55–57</sup>. Hence, in these animals, both APAP and allyl alcohol trigger massive LPO and very acute injury. However, under normal circumstances, with normal membrane vitamin E levels, chelated iron, and without artificially increased PUFA levels, it is almost impossible to trigger high enough LPO that would directly cause necrotic cell death. In addition, APAP overdose generates peroxynitrite, which is unlikely to have a biologically relevant effect on lipid membranes. Furthermore, the highly effective protection against APAP hepatotoxicity by SOD mimetics, despite generation of the Fenton reaction substrate H<sub>2</sub>O<sub>2</sub> while preventing peroxynitrite formation, is another indication of the lack of biological relevance of LPO in APAP-induced liver injury. Thus, there is no credible evidence to support the hypothesis that under clinically relevant conditions APAP induces ferroptotic cell death in hepatocytes. Importantly, if somebody wants to put forward new evidence for such a mechanism, it should not just be experiments with ferrostatin or other ferroptosis inhibitors, vitamin E, DFO, etc., with some of the results opposite to previous publications<sup>21</sup>. The authors also have the obligation to make a serious effort to explain the differences to the previous literature and not just lead us down yet another rabbit hole as it is happening currently with apoptosis. It also needs to be considered that most cell death pathways have features that are overlapping<sup>18</sup>. For example, mitochondrial bax translocation, cytochrome c release, and nuclear DNA fragmentation are detectable during APAP hepatotoxicity, but the lack of caspase activation and morphological evidence argue against apoptosis as a relevant cell death mechanism<sup>17,18</sup>. Furthermore, receptor-interacting serine/threonine-protein kinase 1 (RIPK1) and RIPK3 have been implicated in APAP-induced cell death<sup>84,85</sup>, but the lack of mixed-lineage kinase domain-like protein (MLKL) involvement<sup>84</sup>, which is considered the final critical mediator of the necroptotic signaling pathway<sup>86</sup>, argues against labeling this form of cell death as necroptosis<sup>19</sup>. Likewise, GSH depletion and quantitatively minor iron-dependent LPO in the presence of severe mitochondrial dysfunction caused by protein adducts and peroxynitrite formation, which triggers the irreversible DNA fragmentation<sup>10–12</sup>, cannot be simply labeled as ferroptosis, an LPO-dominated cell death<sup>23,24</sup>. Therefore, assigning cell death mechanisms in APAP-induced liver injury to a certain category such as apoptosis, necroptosis, or ferroptosis based on a few individual parameters or alleged specific inhibitors that may fit the assumed signaling mechanism does not appear useful or productive. In order to make real progress in our understanding of the mechanisms of APAP hepatotoxicity and identify new therapeutic targets that have clinical relevance<sup>87</sup>, unbiased investigations into the cell death signaling mechanisms are needed.

**ACKNOWLEDGMENTS:** *This work was supported by the National Institutes of Health grant R01 DK102142 and the National Institute of General Medical Sciences (P20 GM103549 and P30 GM118247) from the National Institutes of Health to H.J. The authors declare no conflicts of interest.*

## REFERENCES

1. Yoon E, Babar A, Choudhary M, Kutner M, Pyrsopoulos N. Acetaminophen-induced hepatotoxicity: A comprehensive update. *J Clin Transl Hepatol.* 2016;4:131–42.
2. Jaeschke H. Acetaminophen: Dose-dependent drug hepatotoxicity and acute liver failure in patients. *Dig Dis.* 2015;33(4):464–71.
3. Larson AM. Acetaminophen hepatotoxicity. *Clin Liver Dis.* 2007;11(3):525–48, vi.
4. Mitchell JR, Jollow DJ, Potter WZ, Davis DC, Gillette JR, Brodie BB. Acetaminophen-induced hepatic necrosis. I. Role of drug metabolism. *J Pharmacol Exp Ther.* 1973;187(1):185–94.
5. Jollow DJ, Mitchell JR, Potter WZ, Davis DC, Gillette JR, Brodie BB. Acetaminophen-induced hepatic necrosis. II. Role of covalent binding in vivo. *J Pharmacol Exp Ther.* 1973;187(1):195–202.
6. Mitchell JR, Jollow DJ, Potter WZ, Gillette JR, Brodie BB. Acetaminophen-induced hepatic necrosis. IV. Protective role of glutathione. *J Pharmacol Exp Ther.* 1973;187(1):211–7.
7. Jaeschke H, Xie Y, McGill MR. Acetaminophen-induced liver injury: From animal models to humans. *J Clin Transl Hepatol.* 2014;2(3):153–61.
8. Nelson SD. Molecular mechanisms of the hepatotoxicity caused by acetaminophen. *Semin Liver Dis.* 1990;10(4):267–78.
9. Bessesens JG, Vermeulen NP. Paracetamol (acetaminophen)-induced toxicity: Molecular and biochemical mechanisms, analogues and protective approaches. *Crit Rev Toxicol.* 2001;31(1):55–138.
10. Jaeschke H, Bajt ML. Intracellular signaling mechanisms of acetaminophen-induced liver cell death. *Toxicol Sci.* 2006;89(1):31–41.
11. Jaeschke H, McGill MR, Ramachandran A. Oxidant stress, mitochondria, and cell death mechanisms in drug-induced liver injury: Lessons learned from acetaminophen hepatotoxicity. *Drug Metab Rev.* 2012;44(1):88–106.
12. Ramachandran A, Jaeschke H. Acetaminophen hepatotoxicity. *Semin Liver Dis.* 2019;39(2):221–34.
13. Ray SD, Mumaw VR, Raje RR, Fariss MW. Protection of acetaminophen-induced hepatocellular apoptosis and necrosis by cholesteryl hemisuccinate pretreatment. *J Pharmacol Exp Ther.* 1996;279(3):1470–83.
14. El-Hassan H, Anwar K, Macanas-Pirard P, Crabtree M, Chow SC, Johnson VL, Lee PC, Hinton RH, Price SC, Kass GE. Involvement of mitochondria in acetaminophen-induced apoptosis and hepatic injury: Roles of cytochrome c, Bax, Bid, and caspases. *Toxicol Appl Pharmacol.* 2003;191(2):118–29.
15. Lawson JA, Fisher MA, Simmons CA, Farhood A, Jaeschke H. Inhibition of Fas receptor (CD95)-induced hepatic caspase activation and apoptosis by acetaminophen in mice. *Toxicol Appl Pharmacol.* 1999;156(3):179–86.
16. Gujral JS, Knight TR, Farhood A, Bajt ML, Jaeschke H. Mode of cell death after acetaminophen overdose in mice: Apoptosis or oncotic necrosis? *Toxicol Sci.* 2002;67(2):322–8.

17. Jaeschke H, Duan L, Akakpo JY, Farhood A, Ramachandran A. The role of apoptosis in acetaminophen hepatotoxicity. *Food Chem Toxicol*. 2018;118:709–718.
18. Jaeschke H, Ramachandran A, Chao X, Ding WX. Emerging and established modes of cell death during acetaminophen-induced liver injury. *Arch Toxicol*. 2019;93(12):3491–502.
19. Galluzzi L, Vitale I, Aaronson SA, Abrams JM, Adam D, Agostinis P, et al. Molecular mechanisms of cell death: Recommendations of the Nomenclature Committee on Cell Death 2018. *Cell Death Differ*. 2018;25(3):486–541.
20. Lőrincz T, Jemnitz K, Kardon T, Mandl J, Szarka A. Ferroptosis is involved in acetaminophen induced cell death. *Pathol Oncol Res*. 2015;21(4):1115–21.
21. Yamada N, Karasawa T, Kimura H, Watanabe S, Komada T, Kamata R, Sampilvanjil A, Ito J, Nakagawa K, Kuwata H, Hara S, Mizuta K, Sakuma Y, Sata N, Takahashi M. Ferroptosis driven by radical oxidation of n-6 polyunsaturated fatty acids mediates acetaminophen-induced acute liver failure. *Cell Death Dis*. 2020;11(2):144.
22. Wang M, Liu CY, Wang T, Yu HM, Ouyang SH, Wu YP, Gong HB, Ma XH, Jiao GL, Fu LL, Wu QS, Kurihara H, Li YF, Shen T, He RR. (+)-Clasnamide protects against drug-induced liver injury by inhibiting hepatocyte ferroptosis. *Cell Death Dis*. 2020;11(9):781.
23. Dixon SJ, Lemberg KM, Lamprecht MR, Skouta R, Zaitsev EM, Gleason CE, Patel DN, Bauer AJ, Cantley AM, Yang WS, Morrison B 3rd, Stockwell BR. Ferroptosis: An iron-dependent form of non-apoptotic cell death. *Cell*. 2012;149(5):1060–72.
24. Ursini F, Maiorino M. Lipid peroxidation and ferroptosis: The role of GSH and GPx4. *Free Radic Biol Med*. 2020;152:175–85.
25. Stockwell BR, Jiang X, Gu W. Emerging mechanisms and disease relevance of ferroptosis. *Trends Cell Biol*. 2020;30(6):478–90.
26. Doll S, Conrad M. Iron and ferroptosis: A still ill-defined liaison. *IUBMB Life* 2017;69(6):423–34.
27. Brown CW, Mercurio AM. Ferroptosis resistance mediated by exosomal release of iron. *Mol Cell Oncol*. 2020;7(3):1730144.
28. Hou W, Xie Y, Song X, Sun X, Lotze MT, Zeh HJ 3rd, Kang R, Tang D. Autophagy promotes ferroptosis by degradation of ferritin. *Autophagy* 2016;12(8):1425–8.
29. Jaeschke H, Kleinwaechter C, Wendel A. The role of acrolein in allyl alcohol-induced lipid peroxidation and liver cell damage in mice. *Biochem Pharmacol*. 1987;36(1):51–7.
30. Jaeschke H, Ramachandran A. Antioxidant defense mechanisms. In: McQueen CA, *Comprehensive toxicology*, 3rd ed., vol. 2. Oxford: Elsevier Ltd; 2018. pp. 277–295.
31. Du K, Ramachandran A, Jaeschke H. Oxidative stress during acetaminophen hepatotoxicity: Sources, pathophysiological role and therapeutic potential. *Redox Biol*. 2016;10:148–56.
32. Wendel A, Feuerstein S, Konz KH. Acute paracetamol intoxication of starved mice leads to lipid peroxidation in vivo. *Biochem Pharmacol*. 1979;28(13):2051–5.
33. Wendel A, Feuerstein S. Drug-induced lipid peroxidation in mice—I. Modulation by monoxygenase activity, glutathione and selenium status. *Biochem Pharmacol*. 1981;30(18):2513–20.
34. Lauterburg BH, Smith CV, Hughes H, Mitchell JR. Biliary excretion of glutathione and glutathione disulfide in the rat. Regulation and response to oxidative stress. *J Clin Invest*. 1984;73(1):124–33.
35. Smith CV, Jaeschke H. Effect of acetaminophen on hepatic content and biliary efflux of glutathione disulfide in mice. *Chem Biol Interact*. 1989;70(3–4):241–8.
36. Bajt ML, Knight TR, Lemasters JJ, Jaeschke H. Acetaminophen-induced oxidant stress and cell injury in cultured mouse hepatocytes: Protection by N-acetylcysteine. *Toxicol Sci*. 2004;80(2):343–9.
37. Jaeschke H. Glutathione disulfide formation and oxidant stress during acetaminophen-induced hepatotoxicity in mice in vivo: The protective effect of allopurinol. *J Pharmacol Exp Ther*. 1990;255(3):935–41.
38. Tirmenstein MA, Nelson SD. Acetaminophen-induced oxidation of protein thiols. Contribution of impaired thiolmetabolizing enzymes and the breakdown of adenine nucleotides. *J Biol Chem*. 1990;265(6):3059–65.
39. Tirmenstein MA, Nelson SD. Subcellular binding and effects on calcium homeostasis produced by acetaminophen and a nonhepatotoxic regioisomer, 3'-hydroxyacetanilide, in mouse liver. *J Biol Chem*. 1989;264(17):9814–9.
40. Yan HM, Ramachandran A, Bajt ML, Lemasters JJ, Jaeschke H. The oxygen tension modulates acetaminophen-induced mitochondrial oxidant stress and cell injury in cultured hepatocytes. *Toxicol Sci*. 2010;117(2):515–23.
41. Nguyen NT, Du K, Akakpo JY, Umbaugh DS, Jaeschke H, Ramachandran A. Mitochondrial protein adduct and superoxide generation are prerequisites for early activation of c-Jun N-terminal kinase within the cytosol after an acetaminophen overdose in mice. *Toxicol Lett*. 2021;338:21–31.
42. Hanawa N, Shinohara M, Saberi B, Gaarde WA, Han D, Kaplowitz N. Role of JNK translocation to mitochondria leading to inhibition of mitochondria bioenergetics in acetaminophen-induced liver injury. *J Biol Chem*. 2008;283(20):13565–77.
43. Saito C, Lemasters JJ, Jaeschke H. c-Jun N-terminal kinase modulates oxidant stress and peroxynitrite formation independent of inducible nitric oxide synthase in acetaminophen hepatotoxicity. *Toxicol Appl Pharmacol*. 2010;246(1–2):8–17.
44. Kon K, Kim JS, Jaeschke H, Lemasters JJ. Mitochondrial permeability transition in acetaminophen-induced necrosis and apoptosis of cultured mouse hepatocytes. *Hepatology* 2004;40(5):1170–9.
45. Hinson JA, Pike SL, Pumford NR, Mayeux PR. Nitrotyrosine-protein adducts in hepatic centrilobular areas following toxic doses of acetaminophen in mice. *Chem Res Toxicol*. 1998;11(6):604–7.
46. Cover C, Mansouri A, Knight TR, Bajt ML, Lemasters JJ, Pessayre D, Jaeschke H. Peroxynitrite-induced mitochondrial and endonuclease-mediated nuclear DNA damage in acetaminophen hepatotoxicity. *J Pharmacol Exp Ther*. 2005;315(2):879–87.
47. Knight TR, Ho YS, Farhood A, Jaeschke H. Peroxynitrite is a critical mediator of acetaminophen hepatotoxicity in murine livers: Protection by glutathione. *J Pharmacol Exp Ther*. 2002;303(2):468–75.
48. Ramachandran A, Lebofsky M, Weinman SA, Jaeschke H. The impact of partial manganese superoxide dismutase (SOD2)-deficiency on mitochondrial oxidant stress, DNA fragmentation and liver injury during acetaminophen hepatotoxicity. *Toxicol Appl Pharmacol*. 2011;251(3):226–33.
49. Du K, Farhood A, Jaeschke H. Mitochondria-targeted antioxidant Mito-Tempo protects against acetaminophen hepatotoxicity. *Arch Toxicol*. 2017;91(2):761–73.

50. Du K, Ramachandran A, Weemhoff JL, Woolbright BL, Jaeschke AH, Chao X, Ding WX, Jaeschke H. Mito-tempo protects against acute liver injury but induces limited secondary apoptosis during the late phase of acetaminophen hepatotoxicity. *Arch Toxicol*. 2019;93(1):163–78.
51. Agarwal R, Hennings L, Rafferty TM, Letzig LG, McCullough S, James LP, MacMillan-Crow LA, Hinson JA. Acetaminophen-induced hepatotoxicity and protein nitration in neuronal nitric-oxide synthase knockout mice. *J Pharmacol Exp Ther*. 2012;340(1):134–42.
52. Banerjee S, Melnyk SB, Krager KJ, Aykin-Burns N, Letzig LG, James LP, Hinson JA. The neuronal nitric oxide synthase inhibitor NANT blocks acetaminophen toxicity and protein nitration in freshly isolated hepatocytes. *Free Radic Biol Med*. 2015;89:750–7.
53. Agarwal R, MacMillan-Crow LA, Rafferty TM, Saba H, Roberts DW, Fifer EK, James LP, Hinson JA. Acetaminophen-induced hepatotoxicity in mice occurs with inhibition of activity and nitration of mitochondrial manganese superoxide dismutase. *J Pharmacol Exp Ther*. 2011;337(1):110–6.
54. Knight TR, Fariss MW, Farhood A, Jaeschke H. Role of lipid peroxidation as a mechanism of liver injury after acetaminophen overdose in mice. *Toxicol Sci*. 2003;76(1):229–36.
55. Wendel A, Jaeschke H, Gloger M. Drug-induced lipid peroxidation in mice—II. Protection against paracetamol-induced liver necrosis by intravenous liposomally entrapped glutathione. *Biochem Pharmacol*. 1982;31(22):3601–5.
56. Werner C, Wendel A. Hepatic uptake and antihepatotoxic properties of vitamin E and liposomes in the mouse. *Chem Biol Interact*. 1990;75(1):83–92.
57. Jaeschke H, Kleinwaechter C, Wendel A. NADH-dependent reductive stress and ferritin-bound iron in allyl alcohol-induced lipid peroxidation in vivo: The protective effect of vitamin E. *Chem Biol Interact*. 1992;81(1–2):57–68.
58. Younes M, Siegers CP. The role of iron in the paracetamol and CCl<sub>4</sub>-induced lipid peroxidation and hepatotoxicity. *Chem Biol Interact*. 1985;55(3):327–34.
59. Younes M, Cornelius S, Siegers CP. Ferrous ion supported in vivo lipid peroxidation induced by paracetamol—Its relation to hepatotoxicity. *Res Commun Chem Pathol Pharmacol*. 1986;51(1):89–99.
60. Amimoto T, Matsura T, Koyama SY, Nakanishi T, Yamada K, Kajiyama G. Acetaminophen-induced hepatic injury in mice: The role of lipid peroxidation and effects of pretreatment with coenzyme Q10 and alpha-tocopherol. *Free Radic Biol Med*. 1995;19(2):169–76.
61. Zhang P, Chen S, Tang H, Fang W, Chen K, Chen X. CoQ10 protects against acetaminophen-induced liver injury by enhancing mitophagy. *Toxicol Appl Pharmacol*. 2021;410:115355.
62. Ni HM, Bockus A, Boggess N, Jaeschke H, Ding WX. Activation of autophagy protects against acetaminophen-induced hepatotoxicity. *Hepatology* 2012;55(1):222–32.
63. Jaeschke H, Smith CV, Mitchell JR. Reactive oxygen species during ischemia-reflow injury in isolated perfused rat liver. *J Clin Invest*. 1988;81(4):1240–6.
64. Mathews WR, Guido DM, Fisher MA, Jaeschke H. Lipid peroxidation as molecular mechanism of liver cell injury during reperfusion after ischemia. *Free Radic Biol Med*. 1994;16(6):763–70.
65. Siegers CP, Steffen B, Younes M. Antidotal effects of deferoxamine in experimental liver injury—Role of lipid peroxidation. *Pharmacol Res Commun*. 1988;20(4):337–43.
66. Gibson JD, Pumford NR, Samokyszyn VM, Hinson JA. Mechanism of acetaminophen-induced hepatotoxicity: Covalent binding versus oxidative stress. *Chem Res Toxicol*. 1996;9(3):580–5.
67. Schnellmann JG, Pumford NR, Kusewitt DF, Bucci TJ, Hinson JA. Deferoxamine delays the development of the hepatotoxicity of acetaminophen in mice. *Toxicol Lett*. 1999;106(1):79–88.
68. Sakaida I, Kayano K, Wasaki S, Nagatomi A, Matsumura Y, Okita K. Protection against acetaminophen-induced liver injury in vivo by an iron chelator, deferoxamine. *Scand J Gastroenterol*. 1995;30(1):61–7.
69. Adamson GM, Harman AW. Oxidative stress in cultured hepatocytes exposed to acetaminophen. *Biochem Pharmacol*. 1993;45(11):2289–94.
70. Moon MS, Richie JP, Isom HC. Iron potentiates acetaminophen-induced oxidative stress and mitochondrial dysfunction in cultured mouse hepatocytes. *Toxicol Sci*. 2010;118(1):119–27.
71. Kyle ME, Nakae D, Serroni A, Farber JL. 1,3-(2-Chloroethyl)-1-nitrosourea potentiates the toxicity of acetaminophen both in the phenobarbital-induced rat and in hepatocytes cultured from such animals. *Mol Pharmacol*. 1988;34(4):584–9.
72. Thomas CE, Morehouse LA, Aust SD. Ferritin and superoxide-dependent lipid peroxidation. *J Biol Chem*. 1985;260(6):3275–80.
73. McGill MR, Williams CD, Xie Y, Ramachandran A, Jaeschke H. Acetaminophen-induced liver injury in rats and mice: Comparison of protein adducts, mitochondrial dysfunction, and oxidative stress in the mechanism of toxicity. *Toxicol Appl Pharmacol*. 2012;264(3):387–94.
74. Woolbright BL, Ramachandran A, McGill MR, Yan HM, Bajt ML, Sharpe MR, Lemasters JJ, Jaeschke H. Lysosomal instability and cathepsin B release during acetaminophen hepatotoxicity. *Basic Clin Pharmacol Toxicol*. 2012;111(6):417–25.
75. Kon K, Kim JS, Uchiyama A, Jaeschke H, Lemasters JJ. Lysosomal iron mobilization and induction of the mitochondrial permeability transition in acetaminophen-induced toxicity to mouse hepatocytes. *Toxicol Sci*. 2010;117(1):101–8.
76. Hu J, Kholmukhamedov A, Lindsey CC, Beeson CC, Jaeschke H, Lemasters JJ. Translocation of iron from lysosomes to mitochondria during acetaminophen-induced hepatocellular injury: Protection by starch-desferal and minocycline. *Free Radic Biol Med*. 2016;97:418–26.
77. Hu J, Lemasters JJ. Suppression of iron mobilization from lysosomes to mitochondria attenuates liver injury after acetaminophen overdose in vivo in mice: Protection by minocycline. *Toxicol Appl Pharmacol*. 2020;392:114930.
78. Wimbome HJ, Hu J, Takemoto K, Nguyen NT, Jaeschke H, Lemasters JJ, Zhong Z. Aldehyde dehydrogenase-2 activation decreases acetaminophen hepatotoxicity by prevention of mitochondrial depolarization. *Toxicol Appl Pharmacol*. 2020;396:114982.
79. Saito C, Zwingmann C, Jaeschke H. Novel mechanisms of protection against acetaminophen hepatotoxicity in mice by glutathione and N-acetylcysteine. *Hepatology* 2010;51(1):246–54.
80. Gao M, Yi J, Zhu J, Minikes AM, Monian P, Thompson CB, Jiang X. Role of mitochondria in ferroptosis. *Mol Cell*. 2019;73(2):354–63.e3.
81. Ramachandran A, Lebofsky M, Baines CP, Lemasters JJ, Jaeschke H. Cyclophilin D deficiency protects against

- acetaminophen-induced oxidant stress and liver injury. *Free Radic Res.* 2011;45(2):156–64.
82. McGill MR, Lebofsky M, Norris HR, Slawson MH, Bajt ML, Xie Y, Williams CD, Wilkins DG, Rollins DE, Jaeschke H. Plasma and liver acetaminophen-protein adduct levels in mice after acetaminophen treatment: Dose-response, mechanisms, and clinical implications. *Toxicol Appl Pharmacol.* 2013;269(3):240–9.
  83. Jaeschke H, Benzick AE. Pathophysiological consequences of enhanced intracellular superoxide formation in isolated perfused rat liver. *Chem Biol Interact.* 1992;84(1):55–68.
  84. Dara L, Johnson H, Suda J, Win S, Gaarde W, Han D, Kaplowitz N. Receptor interacting protein kinase 1 mediates murine acetaminophen toxicity independent of the necrosome and not through necroptosis. *Hepatology* 2015;62(6):1847–57.
  85. Ramachandran A, McGill MR, Xie Y, Ni HM, Ding WX, Jaeschke H. Receptor interacting protein kinase 3 is a critical early mediator of acetaminophen-induced hepatocyte necrosis in mice. *Hepatology* 2013;58(6):2099–108.
  86. Tang D, Kang R, Berghe TV, Vandenabeele P, Kroemer G. The molecular machinery of regulated cell death. *Cell Res.* 2019;29:347–64.
  87. Jaeschke H, Akakpo JY, Umbaugh DS, Ramachandran A. Novel therapeutic approaches against acetaminophen-induced liver injury and acute liver failure. *Toxicol Sci.* 2020;174(2):159–67.